

3000m

Heat	Leg No	Bib	Forename	Surname	Gender	Club	What_time_d	AgeGroup
1	1	285	Nikolai	Gajic	Male	Giffnock North AC	00:08:30	Senior
1	2	286	Anthony	Addison	Male	Corstorphine AAC	00:08:50	Senior
1	3	287	David	Mackintosh	Male	Bellahouston Harriers	00:09:10	Senior
1	4	288	Kyle	Johnstone	Male	Greenock Glenpark Harr	00:09:10	Under 20
1	5	289	Grant	Baillie	Male	East Kilbride Athletic Clu	00:09:15	Veteran
1	6	290	Steven	Fitzpatrick	Male	Cambuslang Harriers	00:09:20	Senior
1	7	291	Alex	Henthorn	Male	Aberdeen AAC	00:09:30	Under 15
1	8	292	James	MacLeod	Male	Garscube Harriers	00:09:30	Veteran
1	9	293	Daniel	Owens	Male	Garscube Harriers	00:09:30	Under 17
1	10	294	Bruce	Carse	Male	Bellahouston Road Runr	00:09:59	Veteran
1	11	295	Martyn	Glancy	Male	Cumbernauld Amateur A	00:10:00	Veteran
1	12	296	Gregor	McNaught	Male	Springburn Athletics	00:10:00	Under 15
1	13	297	Mark	King	Male	Cambuslang Harriers	00:10:05	Veteran
2	1	298	Lesley	Bell	Female	Garscube Harriers	00:10:10	Veteran
2	2	299	Alan	Clark	Male	Kilbarchan AAC	00:10:20	Senior
2	3	300	Saoirse	McNulty	Female	Giffnock North AC	00:10:20	Under 20
2	4	4	Rebekah	Russell	Female	Bellahouston Road Runr	00:10:20	Senior
2	5	17	Billy	McKie	Male	Kilbarchan AAC	00:10:26	Under 17
2	6	25	Ryan	Waldron	Male	Kilbarchan AAC	00:10:30	Veteran
2	7	45	Georgia	Freeman-Mills	Female	Cambuslang Harriers	00:10:50	Senior
2	8	47	Robert	Mcculloch	Male	Kilbarchan AAC	00:10:59	Veteran
2	9	56	Ryan	Fitzpatrick	Male	Kilbarchan AAC	00:11:00	Under 20
2	10	62	Adam	Tortolano	Male	Giffnock North AC	00:11:30	Under 15
2	11	64	John	Murray	Male	Garscube Harriers	00:11:30	Veteran
2	12	65	Nathan	Fitzpatrick	Male	Kilbarchan AAC	00:12:20	Under 17
2	13	66	Cristina	Niciu	Female	Kilbarchan AAC	00:12:55	Veteran