

3000m

BIB	Heat	Lane / Leg Number	Forename	Surname	Gender	Club	What_time en	AgeGroup
301	1	1	Luke	Lindsay	Male	Kilbarchan AAC	00:08:38	Under 20
302	1	2	Luke	Kirwan	Male	East Kilbride Athletics Club	00:08:55	Senior
303	1	3	Grant	Baillie	Male	East Kilbride Athletics Club	00:08:55	Veteran
304	1	4	Dylan	Crawford	Male	Greenock Glenpark Harriers	00:08:59	Senior
305	1	5	angus	fraser-moodie	Male	Springburn Harriers	00:09:00	Under 17
306	1	6	Kyle	Johnstone	Male	Greenock Glenpark Harriers	00:09:10	Under 20
307	1	7	David	Mackintosh	Male	Bellahouston Harriers	00:09:10	Senior
308	1	8	Conor	Drummond	Male	Giffnock North AC	00:09:10	Senior
309	1	9	Matthew	Fox	Male	Shettleston Harriers	00:09:10	Under 17
310	1	10	Alex	Dunlop	Male	Central Athletics Club	00:09:20	Under 20
311	1	11	Adam	Stark	Male	Bellahouston Harriers	00:09:20	Senior
312	1	12	Steven	Fitzpatrick	Male	Cambuslang Harriers	00:09:30	Senior
313	1	13	Lee	Shaw	Male	Bellahouston Harriers	00:09:30	Senior
314	1	14	Rebekah	Russell	Female	Bellahouston Road Runners	00:09:45	Senior
318	1	15	Chris	Upson	Male	Cambuslang Harriers	00:09:58	Veteran

BIB	Heat	Lane / Leg Number	Forename	Surname	Gender	Club	What_time en	AgeGroup
315	2	1	Victor	Mcgregor	Male	Kilbarchan AAC	00:09:50	Senior
316	2	2	Miles	Hollinshead	Male	Giffnock North AC	00:09:50	Senior
317	2	3	Jason	Kane	Male	Inverclyde Athletics Club	00:09:50	Senior
319	2	4	mark	king	Male	Cambuslang Harriers	00:09:59	Veteran
320	2	5	Ben	Baillie	Male	East Kilbride Athletics Club	00:09:59	Under 17
321	2	6	Richard	O'Grady	Male	Helensburgh AAC	00:10:10	Veteran
322	2	7	Calum	Ferguson	Male	Bellahouston Harriers	00:10:15	Senior
323	2	8	RYAN	WALDRON	Male	Kilbarchan AAC	00:10:20	Veteran
324	2	9	Ava	Richardson	Female	Gala Harriers	00:10:20	Under 17
325	2	10	Jessica	Taylor	Female	Edinburgh AC	00:10:25	Under 17
326	2	11	Eliza	Konig	Female	Fife AC	00:10:45	Under 17
327	2	12	Alan	Clark	Male	Kilbarchan AAC	00:10:50	Senior
328	2	13	Georgia	Freeman-Mills	Female	Cambuslang Harriers	00:11:00	Senior
329	2	14	Ian	Keir	Male	Kilbarchan AAC	00:12:00	Senior
330	2	15	Christopher	O'Grady	Male	Red Star AC	00:12:40	Senior