## 3000m

BIB	Heat	Lane / Leg Number	Forename	Surname	Gender	Club	What_time en	AgeGroup
301	1	1	Luke	Lindsay	Male	Kilbarchan AAC	00:08:38	Under 20
302	1	2	Luke	Kirwan	Male	East Kilbride Athletics Club	00:08:55	Senior
303	1	3	Grant	Baillie	Male	East Kilbride Athletics Club	00:08:55	Veteran
304	1	4	Dylan	Crawford	Male	Greenock Glenpark Harriers	00:08:59	Senior
305	1	5	angus	fraser-moodie	Male	Springburn Harriers	00:09:00	Under 17
306	1	6	Kyle	Johnstone	Male	Greenock Glenpark Harriers	00:09:10	Under 20
307	1	7	David	Mackintosh	Male	Bellahouston Harriers	00:09:10	Senior
308	1	8	Conor	Drummond	Male	Giffnock North AC	00:09:10	Senior
309	1	9	Matthew	Fox	Male	Shettleston Harriers	00:09:10	Under 17
310	1	10	Alex	Dunlop	Male	Central Athletics Club	00:09:20	Under 20
311	1	11	Adam	Stark	Male	Bellahouston Harriers	00:09:20	Senior
312	1	12	Steven	Fitzpatrick	Male	Cambuslang Harriers	00:09:30	Senior
313	1	13	Lee	Shaw	Male	Bellahouston Harriers	00:09:30	Senior
314	1	14	Rebekah	Russell	Female	Bellahouston Road Runners	00:09:45	Senior
318	1	15	Chris	Upson	Male	Cambuslang Harriers	00:09:58	Veteran
BIB		Lane / Leg Number		Surname	Gender	Club	What_time en	-
315	2	1	Victor	Mcgregor	Male	Kilbarchan AAC	00:09:50	Senior
315 316	2 2	1 2	Victor Miles	Mcgregor Hollinshead	Male Male	Kilbarchan AAC Giffnock North AC	00:09:50 00:09:50	Senior Senior
315 316 317	2 2 2	1 2 3	Victor Miles Jason	Mcgregor Hollinshead Kane	Male Male Male	Kilbarchan AAC Giffnock North AC Inverclyde Athletics Club	00:09:50 00:09:50 00:09:50	Senior Senior Senior
315 316 317 319	2 2 2 2	1 2 3 4	Victor Miles Jason mark	Mcgregor Hollinshead Kane king	Male Male Male Male	Kilbarchan AAC Giffnock North AC Inverclyde Athletics Club Cambuslang Harriers	00:09:50 00:09:50 00:09:50 00:09:59	Senior Senior Senior Veteran
315 316 317 319 320	2 2 2 2 2	1 2 3 4 5	Victor Miles Jason mark Ben	Mcgregor Hollinshead Kane king Baillie	Male Male Male Male Male	Kilbarchan AAC Giffnock North AC Inverclyde Athletics Club Cambuslang Harriers East Kilbride Athletics Club	00:09:50 00:09:50 00:09:50 00:09:59 00:09:59	Senior Senior Senior Veteran Under 17
315 316 317 319 320 321	2 2 2 2 2 2	1 2 3 4 5 6	Victor Miles Jason mark Ben Richard	Mcgregor Hollinshead Kane king Baillie O'Grady	Male Male Male Male Male Male	Kilbarchan AAC Giffnock North AC Inverclyde Athletics Club Cambuslang Harriers East Kilbride Athletics Club Helensburgh AAC	00:09:50 00:09:50 00:09:50 00:09:59 00:09:59 00:10:10	Senior Senior Senior Veteran Under 17 Veteran
315 316 317 319 320 321 322	2 2 2 2 2 2 2	1 2 3 4 5 6 7	Victor Miles Jason mark Ben Richard Calum	Mcgregor Hollinshead Kane king Baillie O'Grady Ferguson	Male Male Male Male Male Male Male	Kilbarchan AAC Giffnock North AC Inverclyde Athletics Club Cambuslang Harriers East Kilbride Athletics Club Helensburgh AAC Bellahouston Harriers	00:09:50 00:09:50 00:09:50 00:09:59 00:09:59 00:10:10	Senior Senior Senior Veteran Under 17 Veteran Senior
315 316 317 319 320 321 322 323	2 2 2 2 2 2 2 2 2	1 2 3 4 5 6 7 8	Victor Miles Jason mark Ben Richard Calum RYAN	Mcgregor Hollinshead Kane king Baillie O'Grady Ferguson WALDRON	Male Male Male Male Male Male Male Male	Kilbarchan AAC Giffnock North AC Inverclyde Athletics Club Cambuslang Harriers East Kilbride Athletics Club Helensburgh AAC Bellahouston Harriers Kilbarchan AAC	00:09:50 00:09:50 00:09:50 00:09:59 00:09:59 00:10:10 00:10:15	Senior Senior Senior Veteran Under 17 Veteran Senior Veteran
315 316 317 319 320 321 322 323 324	2 2 2 2 2 2 2 2 2	1 2 3 4 5 6 7 8 9	Victor Miles Jason mark Ben Richard Calum RYAN Ava	Mcgregor Hollinshead Kane king Baillie O'Grady Ferguson WALDRON Richardson	Male Male Male Male Male Male Male Male	Kilbarchan AAC Giffnock North AC Inverclyde Athletics Club Cambuslang Harriers East Kilbride Athletics Club Helensburgh AAC Bellahouston Harriers Kilbarchan AAC Gala Harriers	00:09:50 00:09:50 00:09:50 00:09:59 00:09:59 00:10:10 00:10:20 00:10:20	Senior Senior Senior Veteran Under 17 Veteran Senior Veteran Under 17
315 316 317 319 320 321 322 323 324 325	2 2 2 2 2 2 2 2 2 2	1 2 3 4 5 6 7 8 9	Victor Miles Jason mark Ben Richard Calum RYAN Ava Jessica	Mcgregor Hollinshead Kane king Baillie O'Grady Ferguson WALDRON Richardson Taylor	Male Male Male Male Male Male Male Male	Kilbarchan AAC Giffnock North AC Inverclyde Athletics Club Cambuslang Harriers East Kilbride Athletics Club Helensburgh AAC Bellahouston Harriers Kilbarchan AAC Gala Harriers Edinburgh AC	00:09:50 00:09:50 00:09:50 00:09:59 00:09:59 00:10:10 00:10:20 00:10:20 00:10:25	Senior Senior Senior Veteran Under 17 Veteran Senior Veteran Under 17 Under 17
315 316 317 319 320 321 322 323 324 325 326	2 2 2 2 2 2 2 2 2 2 2 2	1 2 3 4 5 6 7 8 9 10 11	Victor Miles Jason mark Ben Richard Calum RYAN Ava Jessica Eliza	Mcgregor Hollinshead Kane king Baillie O'Grady Ferguson WALDRON Richardson Taylor Konig	Male Male Male Male Male Male Male Female Female Female	Kilbarchan AAC Giffnock North AC Inverclyde Athletics Club Cambuslang Harriers East Kilbride Athletics Club Helensburgh AAC Bellahouston Harriers Kilbarchan AAC Gala Harriers Edinburgh AC Fife AC	00:09:50 00:09:50 00:09:50 00:09:59 00:10:10 00:10:15 00:10:20 00:10:20 00:10:25 00:10:45	Senior Senior Senior Veteran Under 17 Veteran Senior Veteran Under 17 Under 17 Under 17
315 316 317 319 320 321 322 323 324 325 326 327	2 2 2 2 2 2 2 2 2 2 2 2 2	1 2 3 4 5 6 7 8 9 10 11	Victor Miles Jason mark Ben Richard Calum RYAN Ava Jessica Eliza Alan	Mcgregor Hollinshead Kane king Baillie O'Grady Ferguson WALDRON Richardson Taylor Konig Clark	Male Male Male Male Male Male Male Male	Kilbarchan AAC Giffnock North AC Inverclyde Athletics Club Cambuslang Harriers East Kilbride Athletics Club Helensburgh AAC Bellahouston Harriers Kilbarchan AAC Gala Harriers Edinburgh AC Fife AC Kilbarchan AAC	00:09:50 00:09:50 00:09:59 00:09:59 00:10:10 00:10:15 00:10:20 00:10:20 00:10:25 00:10:45 00:10:50	Senior Senior Senior Veteran Under 17 Veteran Senior Veteran Under 17 Under 17 Under 17 Senior
315 316 317 319 320 321 322 323 324 325 326 327 328	2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	1 2 3 4 5 6 7 8 9 10 11 12 13	Victor Miles Jason mark Ben Richard Calum RYAN Ava Jessica Eliza Alan Georgia	Mcgregor Hollinshead Kane king Baillie O'Grady Ferguson WALDRON Richardson Taylor Konig Clark Freeman-Mills	Male Male Male Male Male Male Male Female Female Female Female Female	Kilbarchan AAC Giffnock North AC Inverclyde Athletics Club Cambuslang Harriers East Kilbride Athletics Club Helensburgh AAC Bellahouston Harriers Kilbarchan AAC Gala Harriers Edinburgh AC Fife AC Kilbarchan AAC Cambuslang Harriers	00:09:50 00:09:50 00:09:50 00:09:59 00:10:10 00:10:15 00:10:20 00:10:20 00:10:25 00:10:45 00:10:50 00:11:00	Senior Senior Senior Veteran Under 17 Veteran Senior Veteran Under 17 Under 17 Under 17 Senior Senior
315 316 317 319 320 321 322 323 324 325 326 327	2 2 2 2 2 2 2 2 2 2 2 2 2	1 2 3 4 5 6 7 8 9 10 11	Victor Miles Jason mark Ben Richard Calum RYAN Ava Jessica Eliza Alan	Mcgregor Hollinshead Kane king Baillie O'Grady Ferguson WALDRON Richardson Taylor Konig Clark	Male Male Male Male Male Male Male Male	Kilbarchan AAC Giffnock North AC Inverclyde Athletics Club Cambuslang Harriers East Kilbride Athletics Club Helensburgh AAC Bellahouston Harriers Kilbarchan AAC Gala Harriers Edinburgh AC Fife AC Kilbarchan AAC	00:09:50 00:09:50 00:09:59 00:09:59 00:10:10 00:10:15 00:10:20 00:10:20 00:10:25 00:10:45 00:10:50	Senior Senior Senior Veteran Under 17 Veteran Senior Veteran Under 17 Under 17 Under 17 Senior