

Linwood Open Graded Meeting Timetable
Tuesday 8th August 2023

Time	Event Name	Heat
1830	3000m	H1
1845	3000m	H2
1900	100m	H1
1905	100m	H2
1910	100m	H3
1915	100m	H4
1920	100m	H5
1925	100m	H6
1930	100m	H7
1935	100m	H8
1945	300m	H1
1950	300m	H2
1955	800m	H1
2000	800m	H2
2005	800m	H3
2010	800m	H4
2015	800m	H5
2020	800m	H6
2025	800m	H7
2030	800m	H8