

Bib No	Lane No	Heat No	Forename	Surname	Gender	Club	Expected Time	AgeGroup
4	1	H1	Luke	Lindsay	Male	Kilbarchan AAC	00:08:30	Under 20
12	2	H1	James	Alexander	Male	Garscube Harriers	00:08:40	Under 17
17	3	H1	Jamie	Connor	Male	East Kilbride Athletic Club	00:08:42	Under 17
19	4	H1	Sam	McCarthy	Male	Cambuslang Harriers	00:09:05	Under 17
23	5	H1	Charlie	Treharne	Male	Garscube Harriers	00:09:10	Under 20
25	6	H1	David	Mackintosh	Male	Bellahouston Harriers	00:09:15	Senior
30	7	H1	Rory	Treharne	Male	Garscube Harriers	00:09:15	Under 17
32	8	H1	Fraser	Donaldson	Male	Garscube Harriers	00:09:17	Under 17
35	9	H1	Andrew	Shorts	Male	Kilbarchan AAC	00:09:30	Under 17
37	10	H1	Daniel	Hendry	Male	Garscube Harriers	00:09:30	Under 15
45	11	H1	Patrick	Fraser	Male	Giffnock North AC	00:09:30	Under 15
47	12	H1	Max	Deery	Male	Giffnock North AC	00:09:50	Under 15
51	13	H1	Chris	Upton	Male	Cambuslang Harriers	00:10:00	Veteran
53	14	H1	Eilidh	Dallas	Female	Strathearn Harriers	00:10:09	Under 15
56	15	H1	mark	king	Male	Cambuslang Harriers	00:10:09	Veteran
59	1	H2	Victor	Mcgregor	Male	Kilbarchan AAC	00:10:10	Senior
61	2	H2	Richard	O'Grady	Male	Helensburgh AAC	00:10:10	Senior
65	3	H2	Dave	Thom	Male	Cambuslang Harriers	00:10:10	Veteran
70	4	H2	RYAN	WALDRON	Male	Kilbarchan AAC	00:10:15	Veteran
73	5	H2	Scott	Kelman	Male	Giffnock North AC	00:10:30	Senior
77	6	H2	Martin	Begg	Male	Kilbarchan AAC	00:10:30	Senior
83	7	H2	Amy	Gallagher	Female	Giffnock North AC	00:10:30	Under 15
84	8	H2	Lewis	Stevenson	Male	Kilbarchan AAC	00:10:42	Under 17
87	9	H2	Robert	Mcculloch	Male	Kilbarchan AAC	00:10:59	Veteran
90	10	H2	Natasha	Myles	Female	Strathearn Harriers	00:11:00	Under 20
93	11	H2	Ian	Keir	Male	Kilbarchan AAC	00:12:00	Senior
96	12	H2	Matthew	Moore	Male	Kilbarchan AAC	00:12:20	Under 15
99	13	H2	Ryan	Fitzpatrick	Male	Kilbarchan AAC	00:14:00	Under 17
102	14	H2	Nathan	Fitzpatrick	Male	Kilbarchan AAC	00:15:00	Under 17
105	15	H2	Lucas	Watt	Male	Kilbarchan AAC	00:21:20	Under 15