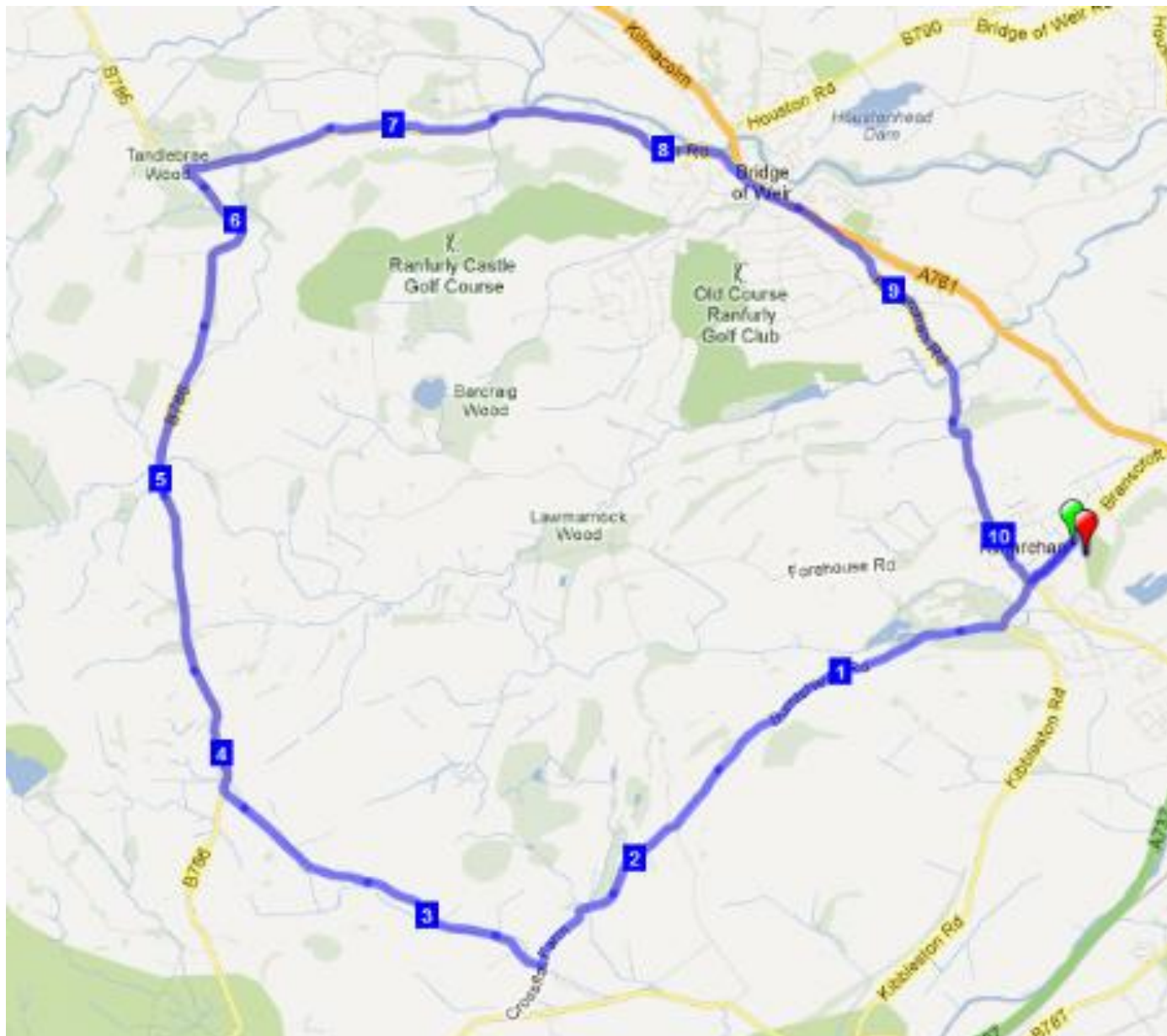


Donald Crawford Cup Club Handicap Race over 10.6 miles on 31st December

Athletes' pre enter to allow the handicapper to work out handicaps for all runners.

Declarations 1pm in Kilbarchan Scout Hall (Barn Green). First athlete away approximately 1.30pm

Route



Start outside the gate of Kilbarchan Park on New Street



Run down New Street and across into Church Street past the Weavers Cottage and West Church.

STEWARD POINT 1

At the end of Church Street there's a sign for Burnshields Road, turn right up the hill.



STEWARD POINT 2



Up the hill. Pace yourself.

After a long climb the route levels off and there is a down section to a staggered cross road. Keep going straight along the road you are on. Do not turn left or right



STEWARD POINT 3



Eventually you will head towards a big stone in a field, this is the Clochoderick Stone. The remains of an ice age deposit from 18,000 years ago.



At the cross roads junction turn right

STEWARD POINT 4





It's 1.8 miles until the next T-junction where you will turn right on the B786. This is a busy road between Lochwinnoch and Kilmacolm. Keep right in at the side.

STEWARD POINT 5

Continue along the B786 miles for 2.4 miles.

Ignore the turn offs



until you reach the right turn for Bridge of Weir.



This is the turn off onto Torr Road. We normally time all runners reaching this point.

Turn into Torr Road towards Bridge of Weir

STEWARD POINT 6



Continue along Torr Road for 1.6 miles and then before the bridge turn right up onto Horsewood Road.

STEWARD POINT 7



Keep left on Horsewood Road and after 50 metres follow onto the cycle path



Joining the cycle path turn right towards Johnstone

STEWARD POINT 8

Continue along the cycle path in parallel with the main road in Bridge of Weir for 0.8 miles and exit at the end of Bridge of Weir



STEWARD POINT 9



Come out of the cycle path and taking care to cross the junction and go up the hill on Kilbarchan Road

STEWARD POINT 10

Continue along the road towards Kilbarchan ignoring variation junctions.





Running passed the Bridge of Weir Tannery plant

Take care on the climb up to Kilbarchan as the road narrows and has blind bends



Once up and heading down into Kilbarchan return to the Weavers Cottage and turn left up new Street towards the park

STEWART POINT 11



Continue pass the start of the race and enter the park at the further away entrance

Head down the path towards the finish line at the memorial

